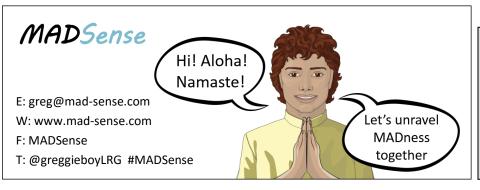
## Break Through The Hearing Voices Experience—hearers



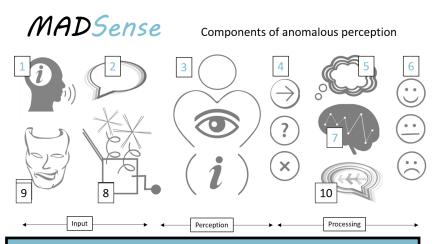


We know that voices react to how we (both hearer and those surrounding them) respond to them. There is a good deal of evidence showing better outcomes from dialogue based approaches such as Open Dialogue and the Maastricht Interview.

Learn how to take and remain in control.

The Hearing Voices or "MAD" experience is complex, confusing and debilitating for many. Perceptual distortions heard as voices assert an abusive relationship over the hearer, presenting a constant threat to and distraction from life. The voice hearer becomes absorbed in the 'world of voices', withdrawing from the opportunities the world offers through a lack of confidence, aggravated by the stigma associated with the phenomenon in most so-cieties and communities. **Breakthrough is achieved by learning how to control the experience in the MIND.** 

By comparing everyday experiences of speaking to someone to the 'hearing a voice' and other anomalous perception experiences you will gain a new understanding of the experience AND a framework for seeing how you map the experience to your life. You will gain hope—the experience is effectively a response to bad information that is difficult to dismiss because of the unusual way in which it arrives. Your incredible natural mind can be used to interrupt the anomalous inputs and replace them with healthy, happy mind habits. You are not crazy, lol!



Where and when? How much? Anywhere—check for availability.
Add travel and accommodation costs from/to New York, NY USA.
2 Days \$ 15000 (Up to 50 participants)
1 Day: \$7500 (Up to 50 participants)
Customized courses available on request—let us help you adopt and apply the principles in your own training programs

About Gregory Shankland aka greggieboy (My voices call me greggieboy) I am a voice hearer and business strategist. MADSense offers new insights for voice -hearers, family/friends, researchers and mental health professionals to break through the MAD experience. **Let's make #MADSense together!**  I have learned to make my voices irrelevant by adopting humanistic principles to ensure my quality of life and developing a 24/7 psychevigilance system using simple neurolinguistic mind tools. You can do the same.

The *LoveLife*·LOL model will help you learn:

- How to you use your natural mind processes to improve happiness
- How anomalous inputs you experience disrupt this natural process
- How to identify 'unusual beliefs' you may have and how they get in the way
- How to unravel unhelpful beliefs and prevent new ones from forming
- How to map the ways in which the experience undermines your progress
- Basic neurolinguistic mind techniques to keep voices at bay
- Build confidence in your incredible natural mind